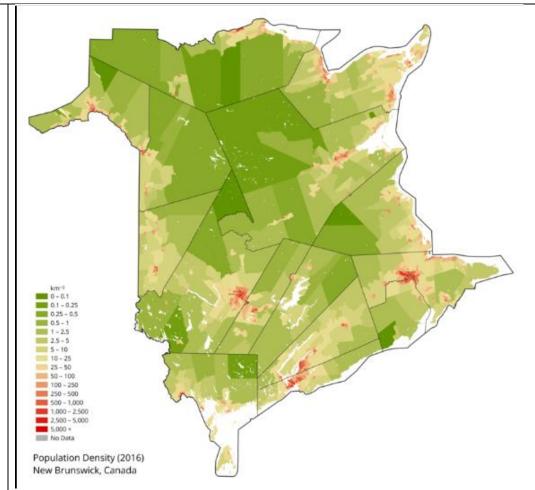
Harvey High School To Wisdom We Climb

Grade 9 HOME LEARNING PLAN

TEACHER	Email	Homeroom	Grade/subjects taught
Mr. D. Fletcher	Don.fletcher@nbed.nb.ca		Math 9EFI
Mrs. Henry	Ara.henry@nbed.nb.ca		9E Social Studies
Mrs. Miller	Andrea.miller@nbed.nb.ca		9E PIF, 9 FI PE
Mrs. Dufresne	Pamela.Linton-Dufresne@nbed.nb.ca		English 9
Mr. White	David.white@nbed.nb.ca	9A	9 FI Social Studies
Mr. Woodworth	Kyle.woodworth@nbed.nb.ca		Science 9
Mrs. Arsenault	catherine.arsenault@nbed.nb.ca	9B	
Ms. Crawford	Catherine.crawford@nbed.nb.ca		
Mme. Noble	<u>Tina.noble@nbed.nb.ca</u>		VP
Ms. Parra	Julia.parra@nbed.nb.ca		Resource
Mrs. Drummond	Cynthia.drummond@nbed.nb.ca		MS Resource
Ms. Collicott	Crysta.collicott@nbed.nb.ca		Principal
School Email	harveyhigh@nbed.nb.ca		

WEEKLY PLAN – May 4 - 8		
Subject		
Literacy	English 9 – reminder to be daily reading. Writing – This week I want you to write a letter to a future employer. Think about what skills you would have to offer, where you would like to work, and how to persuade them to hire you. After you have written the letter, share with someone in your household and get feed back from them. Online Resources: https://ca.ixl.com/	

	New Brunswick Public Libraries offer many learning experiences and free		
	access to downloadable ebooks. To access this site, you will need your		
	library card number. If you don't have one, get one online		
	https://www2.gnb.ca/content/gnb/en/departments/nbpl.html		
	French 9: For Written or Oral French Activities, check your nbed email account and the Microsoft Teams app on Office 365.		
Norma a war ay	Math 9		
Numeracy	Please see summary on Mr. D. Fletcher's page on the HHS website.		
	<u>Click here for link</u>		
	Online Resources:		
	Khan Academy offers math instruction for all levels of learners, organized by		
	both subject and grade. https://www.khanacademy.org/math		
	https://www.aaamath.com/		
	https://ca.ixl.com/		
	https://ttrockstars.com/		
Science	See Mr. Woodworth's teacher page on the HHS website for a list of learning opportunities that can be completed this week. <u>Click here</u> to go to the website.		
	Online Resources:		
	Explore the Earth from Home is a collection of resources to explore weather, climate, air quality, and other earth science topics. https://scied.ucar.edu/help-k-12-students-learn-about-earth-home		
	httms://www.sho.oo/mayyo/oonodo/mayy-hamsayyiah/mayy-hamsayyiah-ma		
Social Studies	https://www.cbc.ca/news/canada/new-brunswick/new-brunswick-covid-19-1.5545241 The above article mention Population distribution and population density and the impact it		
Jocial Sidales	has had on keeping NB's Covid- 19 numbers low. What other ways does our population		
	distribution and density impact our day to day lives?		
	Resources provided: definition of the two terms, a map showing population density (dark		
	green almost no one lives there, dark red 5000+ people live there) and NB's population		
	density number. Population distribution: a description of where people have chosen to live in a particular		
	area		
	Population Density: a measure of how closely together people live in a given area		



https://en.wikipedia.org/wiki/Demographics of New Brunswick 10.5 persons per square kilometre Stats Canada

Online Resources:

Newsela provides students with thousands of texts on topics they care about most. https://newsela.com/

Life Skills

Money Matters – Planning a budget

Make a meal plan for a week. You can do it just for yourself, or for your full family. Plan breakfast, lunch, dinner, snacks and beverages for each day, and make a list of all the ingredients that you would need to feed yourself.

Get some flyers from the local grocery store or look at online flyers. Look through the flyer and try to find all the ingredients and the prices. If the ingredient is not in the flyers, ask your parents or grandparents (or an adult family friend) how much those ingredients would usually cost at the grocery store.

Add up how much money it would cost you to purchase food for a week. Does the number surprise you? Is it a lot? Or a little? Are there ways that you think you could save money?

Phys. Ed.

It is recommended that you complete 30 minutes of physical activity a day.

This week try to do a different activity every day. This is a sample plan that you can follow or modify if you would like. You can change the order, or substitute activities you prefer, just try to get your 30 minutes of activity in each day.

Monday – Cardio – go for a brisk walk or jog while maintaining social distancing and obeying the laws of the road.

Tuesday – Strength – Do a circuit of crunches, push ups, burpees, planks and squats. **Wednesday** – Skills – play catch, shoot some hoops or dribble a soccer ball.

Thursday – Flexibility – Do some yoga or tai chi. Do an online class or practice some of the movements you already know.

Friday – Cardio and agility – Do a circuit of sprints, T-drills, jogging, pogo jumps (back and forth over a line two footed) and shuttle runs (sprinting back and forth, changing direction).

Offline activities

https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart OfflineActivities High.pdf

Online resources

https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart_OnlineResources_High.pdf